

Kuk Sool Won Williamson Class Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:15 - 5:45 Dragons & Tigers	5:30 - 6:30 All Ranks All Ages	5:15 - 5:45 Dragons & Tigers	5:30 - 6:30 All Ranks All Ages	5:30 - 6:15 Sparring/Cardio/ Conditioning All Ranks
5:45 - 6:30 White Belt Thru Black Brown Belt		5:45 - 6:30 All Kids All Ranks		6:15 - 7:00 Open Class All Ranks All Ages
6:30 - 7:30 Black Belt Class	6:30 - 7:30 Weapons Brown Belt Thru Black	6:30 - 7:30 Teens & Adults All Ranks	6:30 - 7:15 Womens Self-Defense	